



LIBERATION FOR ALL LIFE



THE USNISA VIJAYA DHARANI SUTRA

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THE USNISA VIJAYA DHARANI SUTRA

(THE NAMGYALMA MANTRA)

OM NAMO BHAGAVATE / SARVA TRAILOKYA
PRATIVISHISHTAYA / BUDDHAYA TE NAMA TADYATHA /
OM BHRUM BHRUM BHRUM SHODHAYA SHODHAYA

VISHODHAYA VISHODHAYA / ASAMA SAMANTA /
AVABHASA SPHARANA GATI / GAGANA SVABHAVA
VISHUDDHE / ABHISHINCHANTU MAM

SARVA TATHAGATA SUGATA / VARA
VACHANA AMRITA
ABHISHEKAIRA / MAHAMUDRA /
MANTRA PADE /

AHARA AHARA / MAMA AYUR
SAMDHARANI /
SHODHAYA SHODHAYA /
VISHODHAYA VISHODHAYA /
GAGANA SVABHAVA / VISHUDDHE
USHNISHA VIJAYA /
PARISHUDDHE SAHASRA RASMI

SANCHO DITE / SARVA TATHAGATA
AVALOKINI / SHAT PARAMITA
PARIPURANI / SARVA TATHAGATA
MATE DASHA BHUMI
PRATISHTHITE / SARVA TATHAGATA
HRIDAYA / ADHISHTHANA
ADHISHTHITE

MUDRE MUDRE / MAHA MUDRE / VAJRA KAYA / SAMHATANA
PARISHUDDHE / SARVA KARMA
AVARANA VISHUDDHE PRATINI VARTAYA / MAMA
AYUR VISHUDDHE / SARVA TATHAGATA SAMAYA /
ADHISHTHANA ADHISHTHITE

OM MUNI MUNI MAHA MUNI / VIMUNI VIMUNI MAHA VIMUNI / MATI
MATI MAHA MATI / MAMATI / SUMATI / TATHATA BHU DHA
KOTI PARISHUDDHE / VISPHUTA BUDDHE SHUDDHE /



HE HE JAYA JAYA VIJAYA VIJAYA / SMARA SMARA /
SPHARA SPHARA / SPHARAYA SPHARAYA / SARVA
BUDDHA ADHISHTHANA ADHISHTHITE

SHUDDHE SHUDDHE / BUDDHE BUDDHE / VAJRE VAJRE / MAHA
VAJRE / SUVAJRE / VAJRA GARBHE / JAYA GARBHE /
VIJAYA GARBHE / VAJRA JVALA GARBHE / VAJROD
BHAVE / VAJRA SAMBHAVE

VAJRE VAJRINI / VAJRAMA BHAVATU MAMA SHARIRAM / SARVA
SATTVA NANCHAKAYA PARISHUDDHIR BHAVATU ME SADA
SARVA GATI
PARISHUDDHISHCHA / SARVA TATHAGATASHCHA

MAM SAMASHVA SAYANTU BUDDHE BUDDHE /
SIDDHYA SIDDHYA / BODHAYA BODHAYA / VIBODHAYA
VIBODHAYA / MOCHAYA MOCHAYA / VIMOCCHAYA
VIMOCCHAYA / SHODHAYA SHODHAYA / VISHODHAYA
VISHODHAYA / SAMANTA RASMI

PARISHUDDHE SARVA TATHAGATA HRIDAYA / ADHISHTHANA
ADHISHTHITE / MUDRE MUDRE MAHA MUDRE / MANTRA PADAI
SVAHA

Short Version (Heart of the Sutra)

Reciting this short version is like reciting the entire Sutra.

OM BHRUM SVAHA / OM AMRITA AYUR DADAI SVAHA



LIBERATION

FOR ALL LIFE



LIBERATION REQUEST TO MOTHER NAMGYALMA

Om Bhrum Svaha / Om Amrita Ayur Dade Svaha; Merciful Mother Namgyalma: I beg you to please dissolve all the karmas, contracts, negative energies, shackles, chains, addictions and bondages that all my Ancestors and Spirit Guides from my current lineage and all of my past life lineages have accumulated from the beginning of their soul's existence.

Grant my all my Ancestors Justice for the wrongs that were done against them so they can have peace and merge into Divine Source Energy.

Merciful Mother, please send your power to help all my Ancestors quench and dissolve all their unsatisfied desires and that keeps them trapped in the cycle of birth and death.

Please recall and reintegrate all the fractals of their souls, heal them, make them whole again, activate the inner light within them and reconnect them back to Divine source energy.

Give their inner light the power to burn and dissolve all their negative thought forms and release all entities that are within them, attached to them or occasionally harass them, and grant them all Liberation or rebirth in a higher realm.

Please bless and multiply this offering sufficiently so all my Ancestors and Spirit Guides can always have surplus that they can use to bless and help any of their living decedents with whatever they want.

I invite all my Ancestors and Spirit Guides to feel free to visit and communicate with me for my highest good. **Om Bhrum Svaha / Om Amrita Ayur Dade Svaha Merciful Mother Namgyalma:** please grant me these favors.

Offer flower an fruit to Namgyalma & burn Joss Paper for Ancestors after saying prayer.

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Vertical text in Tibetan script on the right side of the page.

Horizontal text in Tibetan script at the bottom of the page.



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